

The PWA/LTI offers individuals living with HIV/AIDS:

- a safe space in which to explore their individual leadership strengths and goals
- a better understanding of leadership opportunities in the AIDS community
- experience in problem-solving approaches as they relate to real community issues
- a stronger role in the processes that determine what AIDS services are appropriate and needed
- an increased sense of personal empowerment

Who is eligible to attend the PWA/LTI?

Participation in the Leadership Training Institute is limited to individuals living with HIV/AIDS.

LTI empowered me to become a force for positive change.
-Mimi M



The PWA/LTI Core Training

Participation in the Leadership Training Institute begins with the Core training program. It must be completed before any other courses can be taken. The Core training program is a three-day introduction to community leadership issues for people living with HIV/AIDS. It includes topics such as: History of PWA Advocacy in New York State; Effective Leadership; and Identity, Diversity and Disclosure. Participants are encouraged to discover their own leadership potential and to identify individual next steps for developing and applying that potential within the AIDS community.

Advanced Workshops

Once the Core training program has been completed, participants may choose to attend a variety of Advanced Topic workshops. These workshops are designed to help increase knowledge of advocacy opportunities as well as develop individual skills.

Advanced Topic workshops include:

- Community Advisory Boards: What You Need to Know About Being a Member
- Proposal Review
- Introduction to Community Organizing
- Community Planning: Understanding the Process
- Presentation Skills
- Trainer Skills
- Working Effectively in Groups



Workshop Descriptions

Community Advisory Boards: What You Need to Know About Being a Member (2 days)

Acquaints participants with the essential types and functions of AIDS-related community advisory boards (CABs). Emphasis is placed on the role of CAB members and skills for increasing the CAB's effective operation.

Proposal Review (2 days)

Provides an overview of the components of a proposal for funding and focuses on the role of consumers in reviewing proposals. The workshop includes practice sessions in which participants evaluate and score an actual proposal for funding.

Introduction to Community Organizing (2 days)

Introduces participants to basic concepts and techniques used in devising and implementing a community-level effort for change.

Community Planning: Understanding the Process (2 days)

Introduction to the Ryan White CARE Act & CDC HIV Prevention Community Planning

Designed to help participants understand the purpose and structure of the Ryan White CARE Act and the HIV Prevention Community Planning process. Emphasis is placed on opportunities for participation and leadership in Ryan White and Community Prevention Planning bodies.

Presentation Skills (2 days)

Participants learn how to increase the effectiveness of their presentations to groups. Basic public speaking techniques are presented, and all participants have the opportunity to practice these techniques in individual presentations on the workshop's second day.

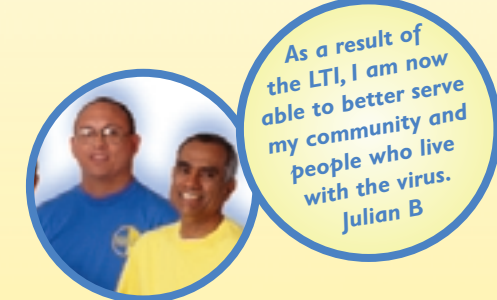
Trainer Skills (3 days)

Introduces skills for individuals who give interactive presentations to groups. The workshop balances theory with experiential activities and allows participants to practice various training and facilitation skills.

Working Effectively in Groups (3 days)

An interactive workshop designed to promote understanding of interpersonal dynamics in task-oriented groups (committees, advisory boards, etc.), and to build skills for effective participation in such groups. Emphasis is placed on beneficial group roles, managing conflict in a group and dealing with "difficult" behaviors in a group setting.

Note: This workshop is not designed to address support group facilitation.



NO ONE BETTER UNDERSTANDS THE ISSUES
FACING PEOPLE WITH HIV/AIDS
THAN THOSE WHO ARE LIVING WITH THE VIRUS.

When it comes to matters of HIV/AIDS public policy development, people with HIV/AIDS are in a unique position to offer guidance. However, many feel they do not have the skills to do so. That's where the People Living With HIV/AIDS Leadership Training Institute can help. Better known as the PWA/LTI, the Institute's goal is to help people living with HIV/AIDS gain the confidence and skills they need to become active participants in the development of public policies at all levels.

The PWA/LTI was developed as the result of a unique partnership between the New York City Department of Health and the New York State Department of Health/AIDS Institute and people living with HIV/AIDS. It provides both skill and motivational training in the areas of community organizing, HIV advocacy and public policy advice. Conceived and developed by people living with HIV and AIDS, the PWA/LTI supports the development of involved and effective HIV-positive community leaders. It does this in a supportive, inclusive and interactive environment that puts participants at ease.



For more information about the
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workshops, please contact us at:

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People Living with HIV/AIDS Leadership Training Institute



WORKING TO EMPOWER OUR COMMUNITIES